

1963-2023

## Suffolk County Rehabilitation Council's 60<sup>th</sup> Anniversary Training Conference

In partnership with NYS APSE



**60 years of Enhancing the  
Lives of People with Disabilities . . .  
Keeping the Momentum Going!**

**Wednesday December 13, 2023**

**8:30 am - 4:00 pm**

**Long Island Cares - The Center for Community Engagement \*  
75 David's Drive Hauppauge NY 11788**

**(Donations of food for our LI neighbors experiencing food insecurity would be appreciated!)** \*\*\*

**Suffolk County Rehabilitation Council is celebrating its 60<sup>th</sup> anniversary!**  
*We hope you will plan to attend and celebrate with us! The day will be filled with extra special presentations- informative, timely and inspiring, with several of the most notable experts in our field!*

***Includes Continental Breakfast & Lunch***

**( 5 CRC credits have been requested and are pending for this training )**

### Program Schedule

**8:30-9:00am Registration, Networking & Continental Breakfast**

**9:00-9:15 Welcome remarks**

**9:15-10:15 *I Dream of Things that Never Were, the Ken Kunken Story - Ken Kunken***

This inspirational story of challenges, perseverance, resilience, inner strength and "life lessons" is a perfect opening to the SCRC 60<sup>th</sup> anniversary celebration. Ken's story reinforces our commitment to *do what we do!*

Ken Kunken broke his neck in 1970, while playing football for Cornell University. After more than nine months in various hospitals and rehabilitation centers, Ken returned to Cornell where he completed his undergraduate degree in Engineering. Twenty years before passage of the ADA, Ken began the process of advocating to make the campus accessible. Ken went on to earn his M.A. degree in Education at Cornell, and an M.A. degree of Education in Psychology at Columbia University. Ken became a Certified Rehabilitation Counselor and worked for more than two years at Abilities Inc. Then, Ken enrolled at Hofstra University's School of Law, where he earned a Juris Doctor degree. He became an Assistant District Attorney in Nassau County rising to the rank of Deputy Bureau Chief of the County Court Trial Bureau. Ken is married and father of three triplet sons. For the past 14 years, he has been serving as a member of the Board of Directors of the Viscardi Center in Albertson. Ken has recently published a memoir, *I Dream of Things that Never Were, the Ken Kunken Story*, which will be available for purchase at the event!

**10:15-10:30 Break- Time to stretch and have more coffee!**

**10:30-12:15 *The ADA at Work: Key Concepts and Considerations for the Employment Service Professional-* Wendy Quarles & Jeffrey Tamburo, LMSW**

Wendy is a Program Specialist at the San Diego State University's Interwork Institute and is thrilled to be back on LI to provide training once again, for SCRC. She has presented to us on several occasions and various important topics over the years and has always left the attendees excited and better prepared for the work they do.

Jeffrey is excited to return to the SCRC for its 60<sup>th</sup> Anniversary celebration. Like Wendy, he too, has been a favored trainer for our organization! He is an Extension Associate at Cornell University's K. Lisa Yang and Hock E. Tan Institute on Employment and Disability. This session has been designed with you in mind, the Employment Service Professional who supports job seekers/employees with disabilities AND employers in the workplace. What can an employer ask—and not ask—when it comes to disability? What happens when an employee discloses a disability and requests an accommodation? Can an employer require documentation of disability? What do terms like undue hardship and direct threat really mean? How can fine tuning my knowledge of the ADA enhance my employer partnership efforts? And how does disability inclusion *benefit* the businesses we support?

Join us for what is sure to be an engaging, interactive session on the practical applications, human implications, and ethical considerations when it comes to implementing the ADA, and disability inclusion initiatives, in the world of work.

**12:15-1:15pm *Lunch. .Network and Visit Vendor Tables!***

Participants from several LI programs will be displaying and/or selling their crafts and assorted items. Bring extra \$\$ and you may even find those special holiday gifts!

**1:15 -2:00 *Continuing with Wendy & Jeffrey***

**2:00-3:30 *Mastering Stress and Preventing Burnout-* Tildet Varon**

Are you tired of feeling stressed and overwhelmed? Meet Tildet Varon, an expert in Inner Mastery and Stress Mastery. With over 20 years of experience, Tildet has established herself as a leader in the field and has helped countless individuals and organizations reduce stress. Through stress assessments, evidence-based stress mastery training, and consulting, Tildet is dedicated to guiding leaders and human-centric organizations toward success. Working with her can increase your productivity, enhance your well-being, and help you achieve your goals.

Stress and burnout have become common in a world filled with challenges like the global pandemic, heavy workloads, an uncertain economy, and a tense sociopolitical climate. These issues can affect your productivity, well-being, and overall health.

Join us for an interactive session where we will delve into the impact of stress and burnout. We will take a practical approach, focusing on actionable steps that individuals and organizations can take to move forward positively. Discover powerful strategies you can apply to your everyday life to manage stress better and build long-lasting resiliency.

**3:30-4:00 pm *Closing remarks and evaluations***

# Registration Form- MUST REGISTER IN ADVANCE BY 12/1/23

\* Please note- While this event is not sponsored by LI Cares, SCRC very much appreciates the generous offer to use this wonderful training space for this event.

\*\* Conference Rate for SCRC & APSE Members :\$45.; Conference Rate for Non-Members:\$50.  
Late Registration Rate 12/2/23-12/11/23 (if space available): \$60.

Please make checks payable to **SCRC**; must be received by **December 1, 2023**, to:

Attn: Joani Madarash c/o SCRC- PO Box 997 Kings Park NY 11754

For additional information- e-mail- [jmadarash@accesslinx.com](mailto:jmadarash@accesslinx.com)

\*\*\* Please consider donating a non-perishable food or toiletry item for LI Cares

**Examples of acceptable donations:**

Cereal, pasta, rice, canned fruits, canned vegetables ,tuna fish(can),canned soups, peanut butter, jelly, toilet paper, tissues, paper towels, diapers, baby formula

Please no glass items ... only boxes, cans, or plastic!



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**LI Cares- Center for Community Engagement- 75 David's Drive Hauppauge, NY 11788**

Name: \_\_\_\_\_ Title: \_\_\_\_\_ Organization: \_\_\_\_\_

Address: (street) \_\_\_\_\_ (town/city) \_\_\_\_\_ (state) \_\_\_\_\_ (zip) \_\_\_\_\_

Work Tel#: \_\_\_\_\_ cell# \_\_\_\_\_ e-mail: \_\_\_\_\_

Specify any necessary accommodations  
requested: \_\_\_\_\_

Amount Enclosed: \$ \_\_\_\_\_ [ ] SCRC/APSE member rate; \$ \_\_\_\_\_ [ ] Non-member rate; \$ \_\_\_\_\_ [ ] Late rate

\*\* Conference rates cover Continental breakfast, lunch, applicable expenses for presenters, CRC credits (pre-approval application) and necessary accommodations (as requested) by attendees.